

## **BLANKA CSASZNYI**

### **Shifting Roots (modern technique)**



I finished my studies as a dance artist (BA) in London, at The Place Contemporary Dance Academy, then at the Budapest College of Contemporary Dances, where I graduated as a dance teacher (MA) later.

I have been working with Joe Alegado, the American dancer, choreographer, inventor of the Shifting Roots technique for ten years, both as a part-time lecturer and a co-artist. During these past ten years we had the opportunity to teach and make choreographies based on Shifting Roots in many countries, which has formed a significant, returning audience for our performances. Since 2016 I have been the co-artist, an independent lecturer and since 2020 the legal heir to the Shifting Roots Alegado Movement Language technique.

For my teaching activities I was awarded the 'Fülöp Viktor' grant in 2021.