

# NÓRA LITTLE

**Fluid rhythm (contemporary dance)**



I graduated from the Hungarian Dance Academy in 2008 as a teacher of modern dances (BA), then in 2018 at the MA level. I have been teaching modern dances for ten years.

I have trained myself at the Budapest Dance Theatre, while for two years I was working for the Hungarian Dance Academy at the dance artist section as a part-time lecturer.

Foreign experience gained in the USA and Holland had a decisive impact on my views.

I merge the plasticity of movement with urban and free exercise components. In class I rely on the free and playful enforcement of rhythm and the physical body.